

# Resource Portfolio Data Collection

REH 6150  
Marc Jackson

<u>Food</u>	<u>Housing and Shelter</u>	<u>Physical Health Care</u>	<u>Dental Health Care</u>	<u>Mental Health Care</u>
<u>Addictions</u>	<u>Self Harm and Abuse</u>	<u>Emergency Response</u>	<u>IL and Self-Care</u>	<u>Benefits Counseling</u>
<u>Transportation</u>	<u>Education</u>	<u>AT &amp; Accommodations</u>	<u>Budget and Finance</u>	<u>Legal and Advocacy</u>
<u>Child Care</u>	[your own category here]	[your own category here]	[your own category here]	[your own category here]

**My Agency:**

<b>Name of Agency:</b> Sam Houston State University Counseling Center
<b>Location:</b> Huntsville, TX
<b>Website &amp; Other Contact Information:</b> <a href="https://www.shsu.edu/dept/counseling/">https://www.shsu.edu/dept/counseling/</a>
<b>Eligibility Criteria to Receive Assistance:</b> Enrolled student at SHSU
<b>Description of Assistance Provided:</b> The SHSU Counseling Center provides individual, couples, and group therapy to students who are currently enrolled. Our mission is to provide service within the university environment that contributes to the academic success, personal growth, and positive social contribution of Sam Houston State University students. We embrace a student-oriented philosophy that is respectful of diversity and is committed to the development of the student as a whole person.
<b>Limits to Assistance Provided:</b> Services may only be for a single session depending on the goals of counseling.

# FOOD

## Assistance my agency provides

My organization does not provide food assistance as a service for students, but it does counsel and provide information to students in need on where to find these resources in the local area.

## Other Agencies

### Food Assistance Option A

**Name of Agency:** Houston Food Bank

**Location:** Houston, TX

**Website and Other Contact Information:**  
WWW.HOUSTONFOODBANK.ORG/FIND-HELP

**Eligibility Criteria to Receive Assistance:** low income and SNAP eligible

**Description of Assistance Provided:** backpack buddy, community assistance program, community engagement, community resource center, food for change, kids cafe, nutrition and health, school market, senior box program, teachers aid

**Limits to Assistance Provided:** supplemental assistance rather than "whole plate" service

**Other Notes:** Houston Food Bank's vision is "A world that doesn't need food banks." To make this vision a reality, we commit to Justice, Equity, Diversity, and Inclusion throughout our organization and across the community. We will incorporate and promote diverse voices and perspectives to address structural and racial inequities.

### Food Assistance Option B

**Name of Agency:** Good Shepherd Mission

<b>Location:</b> Huntsville, TX
<b>Website and Other Contact Information:</b> <a href="https://www.goodshepherdmission.org/">https://www.goodshepherdmission.org/</a>
<b>Eligibility Criteria to Receive Assistance:</b> All are welcome though all are expected to clean up after meals.
<b>Description of Assistance Provided:</b> Food pantry items available for pickup M-F, and hot meals available each day for lunch and dinner.  Food Pantry items are available for pick-up at the pantry window Monday through Friday from 9:00am to 12:00 noon. Food Vouchers are awarded inside the Good Shepherd Mission prior to pick-up. Link2Feed clients are welcome to the Food Pantry.  Each day of the year hot meals are served free of charge. Monday- Saturday Lunch is served at 12:00 noon and dinner at 6:00 PM. Sunday lunch is served at 1:00 PM and dinner is at 6:00 PM. All are welcome; however, all are expected to help with clean up (as able). Lodgers at the Good Shepherd Mission have breakfast at 6:00 AM.
<b>Limits to Assistance Provided:</b> must be picked up or eaten on site
<b>Other Notes:</b> Case managers are available 9-3 Monday - Friday to answer questions about additional opportunities for food assistance, such as SNAP benefits and the Trinity River Food Bank, and can direct individuals to additional resources.

## Housing and Shelter

### My Agency

<b>Assistance my agency provides</b>
My organization does not provide housing and shelter assistance as a service for students, but it does counsel and provide information to students in need on where to find these resources in the local area.

### Other Agencies

### Housing and Shelter Assistance Option A

<b>Name of Agency:</b> SAAFE House
<b>Location:</b> Huntsville, TX
<b>Website and Other Contact Information:</b> <a href="https://www.saafehouse.org">https://www.saafehouse.org</a>
<b>Eligibility Criteria to Receive Assistance:</b> Services provided to all victims of family and sexual violence and assist clients in healing with former and current victimizations alike.
<b>Description of Assistance Provided:</b> shelter, crisis intervention, advocacy, support services
<b>Limits to Assistance Provided:</b> Victims of family and sexual violence, no hard limit on length of stay, client does need to make progress towards recovery and clients average 1-3 months at SAAFE House.
<p><b>Other Notes:</b> SAAFE House believes in women's self-determination and the right of all persons to live without fear, abuse, or oppression.</p> <ul style="list-style-type: none"> <li>● Services should be available to battered persons and sexual assault survivors without regard to sex, race, national origin, age, physical handicap, religion, or sexual orientation.</li> <li>● Persons are served best by volunteers and staff educated and dedicated to an abuse-free environment.</li> <li>● Sharing information, networking, working collectively, and honest communication with law enforcement, criminal justice, and other social service organizations will help change our societal attitudes about and responses to violence.</li> <li>● Abusive individuals are both morally and legally accountable for their actions.</li> </ul>

**Housing and Shelter Assistance Option B**

<b>Name of Agency:</b> Good Shepherd Mission
<b>Location:</b> Huntsville, TX

<b>Website and Other Contact Information:</b> <a href="https://www.goodshepherdmission.org/">https://www.goodshepherdmission.org/</a>
<b>Eligibility Criteria to Receive Assistance:</b> needy traveler or experiencing a crisis, transition to self-sufficiency
<b>Description of Assistance Provided:</b> lodging, showers, linens, toiletries, and clean clothes
<b>Limits to Assistance Provided:</b> max stay of 3 nights unless approved for more by the director
<b>Other Notes:</b> Two full-time permanent case managers work at the facility to help provide guidance on other options and services available in the area.

## Free or Subsidized Physical Health Care

### My Agency

<b>Assistance my agency provides</b>
<p>The SHSU Student Health Center is a primary care outpatient clinic. Located on campus, it provides health services to enrolled students. These health services include preventative care services, a women’s health clinic, laboratory testing, and pharmacy services. At the Student Health Center, students are cared for by a medical team, which includes doctors, physician assistants, nurse practitioners, registered nurses, and licensed vocational nurses. Students are encouraged to visit the Student Health Center for routine illnesses and minor injuries. The Student Health Center provides interpretation services for students on an as needed basis. Condoms are available free of charge at the Student Health Center.</p> <p>These services are free to enrolled students who pay the medical fee each semester. However, students who need additional services beyond what the health center provides can purchase subsidized health insurance through the university. The monthly fee is about \$350.00.</p>

### Other Agencies

## Subsidized Physical Health Care Assistance Option A

<b>Name of Agency:</b> Huntsville Memorial Hospital
<b>Location:</b> Huntsville, TX
<b>Website and Other Contact Information:</b> <a href="https://www.huntsvillememorial.com/patients-and-visitors/walker-county-indigent-care/">https://www.huntsvillememorial.com/patients-and-visitors/walker-county-indigent-care/</a>
<b>Eligibility Criteria to Receive Assistance:</b> Walker County Indigent Care, eligibility screened by a third party vendor: 1) Existing Healthcare Insurance or Ability to Purchase Healthcare Insurance and/or Other Liability At or below 9.12% of total annual income (<9.12%) and/or Other Liability. 2) Self-Pay Discounted Programs Means tested Federal Poverty Level (FPL) at or above 201% (>201%). 3) Texas Medicaid and/or Medicare and/or SSI; Other Government Programs; Workers Compensation Meets all Federally Mandated Criteria. 4) Hospital Charity Care Programs Means tested Federal Poverty Level (FPL) at or <b>above</b> 51% and at or below 200% (>51% to <200%).
<b>Description of Assistance Provided:</b> The program is administered by local counties, hospital districts and public hospitals. Eligible services for qualified individuals include but are not limited to: <ul style="list-style-type: none"><li>● Immunizations</li><li>● Medical screening services</li><li>● Annual physical examinations</li><li>● Inpatient and outpatient hospital visits</li><li>● Laboratory and radiology</li><li>● Skilled nursing facility services</li></ul> <p>Financial Assistance provided through the Walker County Indigent Care Program will be administered in full compliance with Chapter 61 of the Health and Safety Code of Texas, which fully defines covered and non-covered services.</p>
<b>Limits to Assistance Provided:</b> Walker County Indigent Care is approved for a 6 month period from the first date of service. You are required to reapply for Indigent Care at the

end of the 6 month qualification period.

**Other Notes:** They are devoted to the health and well-being of residents in Walker County and the regional communities. The mission of Huntsville Memorial Hospital is to provide each and every patient with vigilant, attentive care with a spirit of warmth and compassion.

### Subsidized Physical Health Care Assistance Option B

**Name of Agency:** Lonestar Family Health Center

**Location:** Huntsville, TX

**Website and Other Contact Information:** <https://www.freeclinics.com/det/lone-star-family-health-center-huntsville>

**Eligibility Criteria to Receive Assistance:** This clinic operates under a SLIDING SCALE model. This means that it MAY NOT be free depending on an individual's income. Patients are required to prove financial need in order to receive free services or services at a reduced cost. Lone Star Family Health Center - Huntsville is a Community Health Center.

**Description of Assistance Provided:** Lone Star Services include:

- Family Services
- Dental Services
- Pharmacy
- Pediatric Services
- Geriatric Services
- Women's Healthcare
- X-Ray & Lab
- Sports Physicals
- Mental Health

**Limits to Assistance Provided:** Must meet federal poverty guidelines to be eligible. Does not cover every type of medical care that might be needed. Closed on the weekends.

**Other Notes:** Lone Star Family Health Center (LSFHC) was founded in 2002 to "provide high-quality, easily accessible health services to the underserved and the community at large." In 2004, LSFHC became a Federally Qualified Health Center (FQHC) with the mission to strengthen, stabilize and expand patient access to healthcare services in Montgomery County. Since then, we have continued to expand our facilities and our

capacity and extend our care to all community families and individuals.

Lone Star Family Health Center receives HHS funding and has Federal Public Health Service deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered individuals.

## Free or Subsidized Dental Health Care

### My Agency

#### Assistance my agency provides

The dental office on campus, located in the Student Health Center, is a full-service practice that opened in August of 2014. Since then, the office has provided dental care to hundreds of people in the SHSU community. Our dentist and staff make up an experienced team of licensed professionals who aim to provide SHSU students, faculty, and staff with the most convenient access to high-quality, affordable dental care.

Services include routine check-up, restorative and endodontic, cosmetic, preventative, emergency, and orthodontic care.

### Other Agencies

#### Subsidized Dental Health Care Assistance Option A

**Name of Agency:** Avenue 360 Dental Clinic

**Location:** Houston Tx

**Website and Other Contact Information:** <https://www.freedentalcare.us/li/houston-area-community-services>

**Eligibility Criteria to Receive Assistance:** This is a SLIDING SCALE clinic. The costs for clinic services are based on either a patient's income or they offer a type of financial assistance. Must contact the clinic directly to discuss prices for individual services which vary. Sliding Scale does not necessarily mean free.

**Description of Assistance Provided:** general dentistry, cleanings, sealants, cavity



prevention, x-rays, oral medicine/pathology, treatment of warts, lesions, and tumors, periodontics, tooth replacement root canal

**Limits to Assistance Provided:** Must find transportation to Houston from Huntsville. Must meet federal poverty guidelines. Closed on the weekends

**Other Notes:** Their approach to health extends beyond clinics. Their dedicated team empowers communities throughout greater Houston to improve health outcomes, address social determinants of health, and establish partnerships that focus on education, prevention, and health & wellness to build healthier and stronger communities.

### Subsidized Dental Health Care Assistance Option B

**Name of Agency:** Lonestar Family Health Center

**Location:** Conroe, TX

**Website and Other Contact Information:** <https://www.lonestarfamily.org/dental/>

**Eligibility Criteria to Receive Assistance:** The Sliding Fee Discount Program allows them to "slide" or reduce fees for eligible patients. Eligibility for the Sliding Fee Discount Program is determined by a patient's household size and annual income. An application must be completed and proof of income is required. Discounts are applied based on federal poverty income guidelines, updated annually by the federal government. While fees for eligible patients are reduced, a nominal fee for services will be the patient's responsibility. Payment is expected at the time of service. Patients with insurance also may be eligible for discounts and are encouraged to apply.

**Description of Assistance Provided:** pediatric and special needs dentistry, Comprehensive Evaluations

- Cleanings
- X-Rays
- Sealants
- Oral Surgery
- Extractions
- Cavity Fillings
- Root Canals
- Crowns & Bridges
- Dentures

**Limits to Assistance Provided:** Must find transportation from Conroe from Huntsville. Must meet federal poverty guidelines. Closed weekends.

**Other Notes:** Lone Star Family Health Center (LSFHC) was founded in 2002 to “provide high-quality, easily accessible health services to the underserved and the community at large.” In 2004, LSFHC became a Federally Qualified Health Center (FQHC) with the mission to strengthen, stabilize and expand patient access to healthcare services in Montgomery County. Since then, we have continued to expand our facilities and our capacity and extend our care to all community families and individuals.

Lone Star Family Health Center receives HHS funding and has Federal Public Health Service deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered individuals.

## Mental Health Care (Include at least one Free or Subsidized resource)

### My Agency

#### Assistance my agency provides

The SHSU Counseling Center provides individual, couples, and group therapy to students who are currently enrolled. Our mission is to provide service within the university environment that contributes to the academic success, personal growth, and positive social contribution of Sam Houston State University students. We embrace a student-oriented philosophy that is respectful of diversity and is committed to the development of the student as a whole person.

The Sam Houston State University Counseling Center assists students in resolving personal difficulties that prevent optimal functioning by assisting in the development of skills, attitudes, and resources that support success in the college environment as well as in the pursuit of a productive and satisfying life.

The Counseling Center strives to support the overall mission of the University by facilitating the academic, emotional, and social development of students and by serving as mental health consultants for the larger campus community. A commitment to students' personal growth and a respect for the richness of the human experience are guiding principles in the work we do.

### Other Agencies

## Mental Health Care Assistance Option A

<b>Name of Agency:</b> Bayes Achievement Center
<b>Location:</b> Huntsville, TX
<b>Website and Other Contact Information:</b> <a href="https://www.bayescenter.com/">https://www.bayescenter.com/</a>
<b>Eligibility Criteria to Receive Assistance:</b> Males and Females Ages 6-22 Admit ages 6-18 Students with more involved needs including students with Autism, Intellectual Disabilities, Traumatic Brain-Injury, and students who are non-verbal with significant self-care needs An individual between the ages of 19 and 22 who is receiving special education services and is currently enrolled in another regulated residential facility or is in the care of HHSC is eligible for admission
<b>Description of Assistance Provided:</b> Counselors work to ascertain the root cause of maladaptive behaviors and help guide the students as they find solutions.  Counselors are provided the opportunity to design individual plans to meet the needs of the students; for that reason they are not required to adhere to one counseling model. The models that the counselors work with are evidenced-based, and the models have proven to be effective with helping students learn appropriate methods to manage frustration, to deal with grief/loss, to form and maintain relationships, and to identify and self-regulate their emotions. Each student has unique needs and thus the counselors design a plan to address those individualized needs.  The goal of counseling at Bayes Achievement Center is to help students gather the necessary tools to emerge from our setting as functioning members of society, no longer ruled by impulse and emotional responses.  Mental health counseling takes place in individual, family, and group settings.
<b>Limits to Assistance Provided:</b> BAC is not able to serve the following individuals at this time: <ul style="list-style-type: none"><li>Students that are not receiving special education services</li><li>Students that are not exhibiting behavioral problems</li><li>HIV positive</li><li>Students requiring skilled medical care</li><li>Pregnant / parenting</li><li>Primary issue of substance abuse or eating disorder</li><li>Any individual whose safety would be at risk due to the use of behavior</li></ul>

interventions such as personal restraint (e.g., medically fragile)

**Other Notes:** Bayes Achievement Center receives funding from the state of Texas other than traditional funding like Medicare, Medicaid, or Community Services Block grants. This means that it is likely that these subsidies will translate to affordable or free mental health services, but everything is based on income and is on a sliding scale.

Bayes Achievement Center receives or accepts State welfare or child and family services funds.

Obamacare purchased from the Health Care Marketplaces covers Mental Health Care and Substance Use Disorder Treatment. Under the Health Care Law there are 10 categories of benefits. Mental Health Care and Substance Abuse Treatment are two of the 10.

### Mental Health Care Assistance Option B

**Name of Agency:** Tri-County Behavioral Healthcare

**Location:** Huntsville, Tx

**Website and Other Contact Information:** <https://tcbhc.org/our-services/adult-mental-health/?anc=about-adult-mental-health#about-adult-mental-health>

**Eligibility Criteria to Receive Assistance:** Tri County Behavioral Healthcare operates under a sliding fee scale payment model. What this means to you is that Tri County Behavioral Healthcare provides their services even to patients who cannot afford care (such as low-income or people who need to self-pay). Patients will pay according to their income. Be prepared to provide information on your household income.

Tri County serves people of all ages.

**Description of Assistance Provided:** Tri-County offers an array of mental health services for eligible individuals of all ages. Additional specialty services are also available to individuals who qualify. Eligibility for certain services varies by program, is based upon assessments and current availability. Every individual served will be provided with a recovery team who will work collaboratively with the person to identify what services and supports would be beneficial for the person to achieve their own unique recovery goals.

Crisis services and psychiatric emergency treatment is available.

**Limits to Assistance Provided:** Currently reside in Montgomery, Liberty, or Walker

county

- Meet diagnostic criteria for Major Depression, Bipolar Disorder, Schizophrenia, or Schizoaffective Disorder or another qualifying diagnosis as determined during the Intake Evaluation

**Other Notes:** Also provide housing but assistance in subsidized housing is restricted to the following:

- > U.S. Citizens or nationals; and
- > Non-citizens who have eligible immigration status as determined by HUD

## Substance Abuse and Dependence

### My Agency

#### Assistance my agency provides

My agency does not offer specific services for substance abuse and dependence, but students can work with a counselor if they are having this type of problem. There are crisis intervention programs, and there is a helpline providing free and anonymous services to students experiencing acute issues with substance abuse. If a student carries the SHSU student health insurance, they can access these services through their insurance provider.

### Other Agencies

#### Substance Abuse and Dependence Assistance Option A

**Name of Agency:** Tri-County Behavioral Healthcare

**Location:** Huntsville, Tx

**Website and Other Contact Information:** <https://tcbhc.org/our-services/substance-use-disorder/?anc=about-substance-use-disorder#about-substance-use-disorder>

**Eligibility Criteria to Receive Assistance:** People of all ages are able to use the walk-in clinic during hours of operation.

**Description of Assistance Provided:**

### **Cognitive Behavioral Therapy**

Cognitive-behavioral therapy is based on the idea that our thoughts affect our feelings and behaviors, not external factors, like people, situations, and events. The benefit of this therapy is that when individuals are able to modify their thoughts about a situation, their feelings can subsequently change for the better even if the situation itself does not change.

### **Trauma Informed Care (TIC)**

Trauma informed care takes a holistic approach in providing individualized services tailored to the individuals' respective trauma history and subsequent coping mechanisms.

### **Motivational Interviewing**

A psychotherapeutic approach that attempts to move an individual away from a state of indecision or uncertainty and towards finding motivation to making positive change and accomplishing established goals (Hettema et al., 2005).

### **Seeking Safety**

Seeking Safety is an evidence-based treatment model that treats the co-occurring diagnoses of Posttraumatic Stress Disorder (PTSD) and Substance Use Disorder.

**Limits to Assistance Provided:** The substance use treatment team works with both male and female clients who are struggling with substance use issues and not requiring more intensive services, such as detoxification or residential treatment. Tri County Behavioral Healthcare operates under a sliding fee scale payment model. What this means to you is that Tri County Behavioral Healthcare provides their services even to patients who cannot afford care (such as low-income or people who need to self-pay). Patients will pay according to their income. Be prepared to provide information on your household income.

### **Other Notes: Intensive Outpatient Treatment**

Intensive outpatient treatment is ten to twelve weeks in duration and consists of the following: 3x/weekly client education and counseling groups, individual counseling, family education and counseling groups, individualized treatment planning, and Case Management. Participants in the program are randomly drug tested on a regular basis to ensure compliance and safety for all. Treatment follows the state-approved Evidence-Based Matrix Model. Groups are offered during both day and evening hours to accommodate various scheduling needs.

### **Co-Occurring Psychiatric and Substance Abuse Disorders Program (COPSD)**

Individuals with a mental health diagnosis who are also seeking substance use disorder

treatment may elect to enroll in Tri-County's Co-Occurring Psychiatric and Substance Abuse Disorders program, also known as COPSD. Co-Occurring simply means that an individual is experiencing both a mental health and substance use disorder at the same time. Although COPSD is provided as an adjunct service, individuals do not have to be enrolled in the Intensive Outpatient Program in order to obtain COPSD services. COPSD provides clinical assessment, treatment planning, individual counseling, education, and Case Management to ensure each individual is effective in utilizing a variety of community resources to enhance treatment outcomes.

### Substance Abuse and Dependence Assistance Option B

<b>Name of Agency:</b> Conroe Treatment and Recovery Center
<b>Location:</b> Huntsville, TX
<b>Website and Other Contact Information:</b> <a href="https://ctrcrecovery.com/">https://ctrcrecovery.com/</a>
<p><b>Eligibility Criteria to Receive Assistance:</b> People of all ages are welcome. This facility does accept sliding scale treatment as a form of payment.</p> <p>Sliding Scale Treatment are fees that are variable based on the clients ability to pay. Fees are reduced for lower-income persons or have less money due to high expenses.</p> <p>Receiving sliding fee treatment is not guaranteed. You must contact the rehab center and inquire on the procedures necessary to receive this discount. This will require documentation such as pay stubs and tax documents.</p>
<p><b>Description of Assistance Provided:</b> Huntsville Clinic Inc provides substance abuse treatment services for adult men and women in an outpatient setting. These services include but are not limited to behavioral therapy, substance abuse counseling, motivational interviewing, case management, anger management and relapse prevention.</p> <p>Services focus on prescription painkillers, alcohol, tobacco, and heroin.</p>
<p><b>Limits to Assistance Provided:</b> Conroe Treatment &amp; Recovery Center (CTRC) is a medication assisted treatment facility specializing in opiate addiction. Patients must be able to dedicate a significant amount of time to receiving services.</p>
<p><b>Other Notes:</b> Conroe Treatment &amp; Recovery Center has interdisciplinary treatment teams consisting of physicians, LVN's, and licensed counselors that will help aid the individual to a life free of addictive substances</p>

# Self-Harm and Abuse

## My Agency

### Assistance my agency provides

My agency does not provide services specifically for self-harm and abuse. My agency does offer individual counseling services to students who are experiencing this type of issue and many others. However, if an individual is experiencing immediate thoughts of self-harm and/or abuse, they are directed to other area providers to receive urgent care.

## Other Agencies

### Self-Harm and Abuse Assistance Option A

<b>Name of Agency:</b> SAAFE House
<b>Location:</b> Huntsville, TX
<b>Website and Other Contact Information:</b> <a href="https://www.saafehouse.org/services-1">https://www.saafehouse.org/services-1</a>
<b>Eligibility Criteria to Receive Assistance:</b> Adults and teens who are experiencing abuse, trauma, and other mental health issues related to sexual assault and abuse
<b>Description of Assistance Provided:</b> Counseling (adults and teens); Support services for secondary victims; skills, resources, and knowledge necessary to empower you to live an abuse free life; Legal advocacy; Information and referrals
<b>Limits to Assistance Provided:</b> The organization accepts clients through appointment or walk-in as long as the individual is experiencing issues related to the mission of the organization.
<b>Other Notes:</b> The philosophy is based on the belief that services should be available to battered persons and sexual assault survivors without regard to sex, race, national origin, age, physical handicap, religion, or sexual orientation.

### Self-Harm and Abuse Assistance Option B



<b>Name of Agency:</b> 988 Suicide and Crisis Lifeline
<b>Location:</b> Houston, TX
<b>Website and Other Contact Information:</b> <a href="https://988lifeline.org/about/">https://988lifeline.org/about/</a>
<b>Eligibility Criteria to Receive Assistance:</b> The hotline is available 24/7 to anyone needing help. The initial services are free, and additional treatment may have a cost based on the financial situation of the individual.
<b>Description of Assistance Provided:</b> The 988 Suicide & Crisis Lifeline (988 Lifeline) provides free and confidential emotional support to people in emotional distress and suicidal crisis 24 hours a day, 7 days a week, across the United States and its territories. The Lifeline seeks to instill hope, sustain living, and promote the health, safety, and well-being of the communities it serves. The 988 Suicide & Crisis Lifeline is a leader in suicide prevention and mental health crisis care. Since its inception, the Lifeline has engaged in a variety of initiatives to improve crisis services and advance suicide prevention for all, including innovative public messaging, best practices in mental health, and groundbreaking partnerships.
<b>Limits to Assistance Provided:</b> The 988 Lifeline is a service that connects individuals with the services and resources they need. There may be associated costs for certain types of services based on the financial situation of the individual. Must live in the US or territories.
<b>Other Notes:</b> The Lifeline is made up of a national network of local crisis centers, which answer all calls to the Lifeline as well as calls from their local communities. The Lifeline works off of donations and grants.

### Self-Harm and Abuse Assistance Option C

<b>Name of Agency:</b>
<b>Location:</b>
<b>Website and Other Contact Information:</b>
<b>Eligibility Criteria to Receive Assistance:</b>
<b>Description of Assistance Provided:</b>
<b>Limits to Assistance Provided:</b>
<b>Other Notes:</b>

# Emergency Response

## My Agency

### Assistance my agency provides

The Counseling Center offers services both in-person and by telehealth. Students who present with an urgent need will have access to HIPPA compliant telehealth/virtual platforms in which they can be evaluated by a clinician. During this evaluation if data indicates that a face to face meeting is clinically necessary to assess the current crisis then arrangements will be made. Crisis intervention services are designed to assist students who are confronting life-threatening circumstances, current or recent traumatic experiences, serious mental illness, and concerns about the safety of self or others.

## Other Agencies

### Emergency Response Assistance Option A

**Name of Agency:** Tri-County Behavioral Healthcare

**Location:** Huntsville, TX

**Website and Other Contact Information:** <https://tcbhc.org/our-services/crisis-services/>

**Eligibility Criteria to Receive Assistance:** Crisis services are available 24 hours a day, 7 days a week for any person experiencing a mental health emergency. Crisis services are provided to individuals ages 4 and above who are currently located in Walker, Liberty, or Montgomery County who are experiencing a mental health emergency; an acute disturbance of behavior, thought, or mood which if left untreated, would likely lead to harm to either the individual or to others. Crisis services can be provided for individuals regardless of whether they receive any other services from our agency.

**Description of Assistance Provided:** Available services include crisis hotline services, screening and assessment, crisis intervention and stabilization in the least restrictive setting, and inpatient psychiatric admission on both a voluntary and involuntary basis for those individuals who require a higher level of care. If an individual is experiencing a mental health crisis during the hours of 8:00 AM to 4:00 PM (Monday through Friday),

they may go directly to any of the three clinics located in Cleveland, Liberty, or Huntsville to receive crisis services. Otherwise, the Psychiatric Emergency Treatment Center (PETC) is open 24 hours a day, 7 days a week, and can be reached by calling 1-800-659-6994.

**Limits to Assistance Provided:** Assessment and inpatient services are provided at a sliding scale fee for those who do not have insurance benefits, with co-pays as low as \$0. Crisis services are not a primary provider for substance use treatment or major medical care.

**Other Notes:** Mobile Crisis Outreach Team assessments are provided at safe locations in the community and are activated through the crisis line. Brief, intensive interventions are focused on resolving the crisis and preventing admission to a more intensive level of care by linking the individual to appropriate services. If a higher level of care is recommended, crisis staff assist in providing access to brief admissions to licensed psychiatric hospitals followed by ongoing outpatient care.

### Emergency Response Assistance Option B

**Name of Agency:** Texas Health and Human Services

**Location:** Huntsville, TX

**Website and Other Contact Information:** <https://www.hhs.texas.gov/services/mental-health-substance-use/mental-health-crisis-services/mobile-crisis-outreach-teams>

**Eligibility Criteria to Receive Assistance:** Mobile Crisis Outreach Team services are available to anyone.

**Description of Assistance Provided:** Mobile Crisis Outreach Teams provide face-to-face help to people who are at risk of harm to self or others. The Mobile Crisis Outreach Team provides counseling services to people at their home, school or other location. The services are available 24/7, 365 days a year.

Prompt assessment anywhere

- Reduction of risk of harm to self or others
- Connection to physical or mental health services

**Limits to Assistance Provided:** If additional services are needed, individuals would need to seek additional assistance and resources from another agency or organization. There could be a fee for additional services.

**Other Notes:** Texas Health and Human Services contracts with 37 local mental health authorities and two local behavioral health authorities to deliver mental health services in communities across Texas.

## Independent Living, Self-Care, and Wellness

### My Agency

#### Assistance my agency provides

The SHSU Student Wellness office is the component of the Student Health Center that proactively educates the SHSU community about health and well-being. At Student Wellness, we strive to ensure that student wellness does not get in the way of academic success. Furthermore, we believe that you need to “Be Well” in order to “Do Well” during your college years and beyond.

### Other Agencies

#### Independent Living, Self-Care, and Wellness Assistance Option A

**Name of Agency:** Senior Villages of Huntsville

**Location:** Huntsville, TX

**Website and Other Contact Information:**  
<https://www.lowincomehousing.us/det/senior-villages-of-huntsville-77320>

**Eligibility Criteria to Receive Assistance:** Income from all of the adults expected to reside at this apartment must be included and verified at application time. They are based on 30% of the renters adjustable gross income. Call for more details.

**Description of Assistance Provided:** Senior Villages Of Huntsville Huntsville is a Low-Income Housing Tax Credit apartment located Huntsville, TX. If you are looking for an affordable housing option, these rental apartments are supported by the LIHTC and having the applicable program rent and income restrictions.

The LIHTC gives incentives to builders and developers to provide affordable housing to low income persons. The maximum rent charged is based on the AMI, Area Median

Income. This apartment may still be unaffordable to low income persons due to this AMI. Check the current rental rates to see if this is affordable to you. There are 36 low income apartments located here.

**Limits to Assistance Provided:** Most low income apartments have waiting lists. Some of these lists can take years until you can be called for openings. The key is to try to get on as many waiting lists as possible.

**Other Notes:** Office Hours  
8 a.m. to 5 p.m.  
Monday through Friday

### Independent Living, Self-Care, and Wellness Assistance Option B

**Name of Agency:** Tri-County Health Care

**Location:** Huntsville, TX

**Website and Other Contact Information:** <https://tcbhc.org/our-services/physical-health-services/?anc=wellness-clinic#wellness-clinic>

**Eligibility Criteria to Receive Assistance:** Wellness Clinic services are provided to adults who are currently enrolled in the adult outpatient program. In order to be eligible for adult services, you must meet the following criteria:

- Currently reside in Montgomery, Liberty, or Walker county
- Meet diagnostic criteria for Major Depression, Bipolar Disorder, Schizophrenia, or Schizoaffective Disorder or another qualifying diagnosis as determined during the Intake Evaluation
- Age 18 or older

**Description of Assistance Provided:** Mental and physical health are key to maintaining a healthy lifestyle. Our Wellness Clinic promotes and encourages a healthy lifestyle and supports whole-person wellness opportunities.

The Wellness Clinic focuses on:

- Reaching and maintaining a healthy BMI (body mass index)/weight management
- Reducing risk of heart attack
- Preventing and managing diabetes
- Dietary education and management

<b>Limits to Assistance Provided:</b> Fees are based on a percentage of income. The fee could be waived, but it is also likely that there will be a cost to enrolling in the program.
<b>Other Notes:</b> Tri-County has transitioned to using a 'walk-in' intake process, which allows you to meet with a mental health clinician the same day you request services in order to determine eligibility for services. If eligible for services, an appointment with a prescriber will be scheduled on another day, generally within two weeks.

### Independent Living, Self-Care, and Wellness Assistance Option C

<b>Name of Agency:</b>
<b>Location:</b>
<b>Website and Other Contact Information:</b>
<b>Eligibility Criteria to Receive Assistance:</b>
<b>Description of Assistance Provided:</b>
<b>Limits to Assistance Provided:</b>
<b>Other Notes:</b>

## Benefits Counseling

### My Agency

<b>Assistance my agency provides</b>
My organization at Sam Houston State University offers benefits counseling for financial aid, employment, academics, advising and mentoring, health, and disability services

### Other Agencies

### Benefits Counseling Assistance Option A

<b>Name of Agency:</b> Texas Health and Human Services
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<b>Location:</b> Huntsville, TX
<b>Website and Other Contact Information:</b> <a href="https://www.hhs.texas.gov/providers/long-term-care-providers/area-agencies-aging-aaa/texas-benefits-counseling-program">https://www.hhs.texas.gov/providers/long-term-care-providers/area-agencies-aging-aaa/texas-benefits-counseling-program</a>
<b>Eligibility Criteria to Receive Assistance:</b> HHSC provides benefits counseling to low income individuals and families needing assistance.
<b>Description of Assistance Provided:</b> Benefits counseling is provided in the areas of SNAP, TANF, WIC, CHIP, health care, Medicare, Medicaid, long-term care, and other daily living programs related to community living and disabilities.
<b>Limits to Assistance Provided:</b> Limits are based on the limits of the programs provided. An individual's or family's income could limit the assistance provided.
<b>Other Notes:</b> An individual might be required to pay back their benefits if they are caught abusing the programs or earn additional income.

## Transportation

### My Agency

<b>Assistance my agency provides</b>
My agency does not offer special transportation services. The only service offered is ADA accessible parking spaces located in strategic places in each parking lot. Individuals must have an ADA credential, and it is free to use the ADA parking spaces.

### Other Agencies

#### Transportation Assistance Option A

<b>Name of Agency:</b> Brazos Transit District
<b>Location:</b> Huntsville, TX
<b>Website and Other Contact Information:</b> <a href="http://www.btd.org/demand-and-response/time-schedules/">http://www.btd.org/demand-and-response/time-schedules/</a>
<b>Eligibility Criteria to Receive Assistance:</b> Demand & Response is a shared ride curb to

curb service for individuals who are either non-disabled or disabled and/or do not have an origin and destination within 3/4 of a mile along the Fixed Routes. With no destination restrictions they can take you anywhere you want to go within the service area.

**Description of Assistance Provided:** When the bus arrives, the passenger must meet the bus at the curb as they provide curb-to-curb transportation, therefore the driver will not leave the bus to retrieve or return passengers to the doorway. All buses are wheelchair accessible and the driver will lower the lift to assist those who could not otherwise board the bus. If needed, the driver will help maneuver the wheelchair onto the lift. With no destination restrictions they can take you anywhere you want to go within the service area. They can take you shopping, to work, visiting friends and family, to medical appointments, or anywhere you need to go.

**Limits to Assistance Provided:** They cannot provide transportation if the combined weight of the customer and the mobility aid exceeds 600 pounds. Clients must be able to board/unboard the bus without the driver's assistance, otherwise a Personal Care Attendant (PCA) is required.

**Other Notes:** The one-way fare must be paid each time you board the bus. Since the same bus may not be providing the return trip, advance payments and round-trip payments are not permitted. Drivers accept cash, tickets, and passes, but do not accept checks. Please have exact fare ready. Drivers do not carry, handle cash, or make change. Children 2 or under must sit in parents lap to ride free of charge. Children 3 & above are charged full fare.

### Transportation Assistance Option B

**Name of Agency:** Senior Center of Walker County

**Location:** Huntsville, TX

**Website and Other Contact Information:** <https://www.findhelp.org/senior-center-of-walker-county--huntsville-tx--transportation-service/5015982812692480?postal=77320>

**Eligibility Criteria to Receive Assistance:** This program helps seniors that go to the senior center or other locations on Tuesdays and Thursdays.

**Description of Assistance Provided:** This program offers transportation to the Senior Center daily from Monday through Friday. Senior Center drivers pick up clients beginning at 8:30AM and return them to their homes following the lunch hour. On Tuesdays and Thursdays, transportation is available for clients for essential shopping, bill payment, public benefit office, post office, beauty or barber shop, medical



appointments. pharmacy or other essential purposes within the city limits of Huntsville. All appointments (drop off & pick up) must be between 8:30 am and 12 pm noon.

**Limits to Assistance Provided:** No service on weekends and must be a senior citizen.

**Other Notes:** Seniors gather daily at the Center for fellowship, refreshments and entertainment. They also enjoy lively games of dominoes and bingo. The ladies enjoy quilting and crafts everyday and produce some outstandingly beautiful work. The Center hosts a variety of activities through each week such as blood pressure checks, exercise classes, devotionals, and elder issues.

## Education Assistance

### My Agency

#### Assistance my agency provides

My agency is a public university in the state of Texas. As such, there are a wide variety of education services to help students find success as they reach their educational goals. These services include financial aid, student success, writing, testing, student organizations, and other activities.

### Other Agencies

#### Education Assistance Option A

**Name of Agency:** Huntsville ISD

**Location:** Huntsville, TX

**Website and Other Contact Information:** <https://www.huntsvilleisd.org/o/hisd/page/special-education>

**Eligibility Criteria to Receive Assistance:** Services are available for children with disabilities. Child with a disability means a child evaluated in accordance with IDEA (Individuals with Disabilities Education Act) as having and who, by reason thereof, needs special education and related services.

- Orthopedic Impairment

- Other Health Impairment
- Auditory Impairment
- Visual Impairment
- Deaf-Blindness
- Intellectual Disability
- Emotional Disturbance
- Specific Learning Disability
- Speech/Language Impairment
- Autism
- Traumatic Brain Injury
- Multiple Disabilities
- Non-Categorical Early Childhood

**Description of Assistance Provided:** Huntsville ISD strives to provide appropriate programs for all students and with a purpose to build champions. The district provides facilities, personnel, and supportive services to aid students in learning at the pace and in the manner most appropriate for their capabilities. Dedicated educators continually strive to plan, establish, and implement special education programs that meet the needs of the community. As the needs of students change, Huntsville ISD modifies programs to meet these needs.

**Limits to Assistance Provided:** Students from ages 3 through 21, (birth through 21 with visual or auditory impairment) residing within the Huntsville ISD boundaries, may be eligible for special education services. Parents, teachers, and other Huntsville ISD staff identify and refer these students for a Full and Individual Evaluation (FIE). An Admission, Review and Dismissal (ARD) Committee determines the student's eligibility and educational needs based on state criteria. Full and Individual Evaluations are available through an appropriate referral for students residing within Huntsville ISD. Evaluation personnel serve each school by administering evaluations, making recommendations for IEP development, and assisting school staff.

**Other Notes:** Parents are an important resource and support for our students and significantly contribute to their success. Their participation is a vital component of the total educational process. Parents and the school form a team effort to provide quality services to exceptional children.

**Education Assistance Option B**

**Name of Agency:** Premier High School

**Location:** Huntsville, TX

**Website and Other Contact Information:** <https://premierhighschools.com/huntsville/>

**Eligibility Criteria to Receive Assistance:** Because charter schools are public schools, charter schools are open to all children, do not charge tuition, do not have special requirements for admittance, and are not associated with any religion. Public charter schools vary in mission and model, serving a wide range of students, many with needs beyond the one-size-fits-all traditional public school.

**Description of Assistance Provided:** Each student has their own reason for choosing Premier High School. They offer the opportunity for you to:

- Earn a high school diploma
- Attend a fully accredited, tuition-free charter high school
- Graduate early
- Recover credits
- Go back to school after taking a break
- Experience a smaller learning environment
- Discover Career and Technical Education (CTE) courses
- Work at your own pace
- Attend school around your work schedule
- Balance family and your education
- Prepare for higher education
- Earn an associate degree in high school
- Prepare for college, the workforce, or the military

**Limits to Assistance Provided:** Students must apply for admission, and can only be admitted if a slot is available. Slots in charter schools are competitive so not all students that want to go will be admitted.

**Other Notes:** Premier High School doesn't offer a traditional education. They implement a system that is built around the student's needs. They present the correct tools for students to strengthen their academic weaknesses and improve upon their strengths. Their self-directed curriculum, passionate teachers, and proven academic program helps students achieve their goals on their own terms.

### Education Assistance Option C

Name of Agency:

Location:

Website and Other Contact Information:

<b>Eligibility Criteria to Receive Assistance:</b>
<b>Description of Assistance Provided:</b>
<b>Limits to Assistance Provided:</b>
<b>Other Notes:</b>

## Assistive Technology & Accommodations

### My Agency

<b>Assistance my agency provides</b>
<p>Adaptive technologies are available for use on the part of students with disabilities at several locations on the SHSU Huntsville campus and The Woodlands Center. These technologies include assistive listening devices (i.e., FM amplifiers), CCTV video magnifiers, computers with large monitors, and adaptive software packages, such as the ZoomText screen magnifier/reader, the JAWS screen reader, and the Kurzweil 1000 and 3000 scan/read programs.</p> <p>Other accommodations are available at SHSU, and students must provide documentation on their diagnosis, limitations, recommended accommodations, and the name of their evaluator.</p>

### Other Agencies

#### AT and Accommodations Assistance Option A

<b>Name of Agency:</b> University of Texas - Texas Technology Access Program
<b>Location:</b> Demonstration centers are located throughout Texas
<b>Website and Other Contact Information:</b> <a href="https://ttap.disabilitystudies.utexas.edu/">https://ttap.disabilitystudies.utexas.edu/</a>
<b>Eligibility Criteria to Receive Assistance:</b> Individuals with disabilities, their families, and qualified professionals
The mission is to increase access for people with disabilities and those who are aging to Assistive Technology (AT) tools and services. AT may provide these Texans with more

control over their immediate environments; an enhanced ability to function independently; potential access to education, vocation and employment; and more opportunities for recreation/leisure activities and community engagement. We support and develop programs to improve access, advocacy, and awareness of AT to meet the needs of Texans with disabilities and those who are aging.

The Texas Technology Access Program (TTAP) leads the state's efforts to carry out the federal 21st Century Assistive Technology Act. Additional information on state AT Programs can be found at the National Assistive Technology Act Technical Assistance and Training (AT3) Center.

TTAP provides AT Device Loans, Demonstration Centers, Recycle/Reuse Programs, and Financing. Additionally, we provide AT training, information and assistance, public awareness, technical assistance, and custom activities. Please contact us for any of these services.

**Limits to Assistance Provided:** Devices may be loaned and shipped to the user for up to 35 days from the loan library, or devices can be used and/or picked up in person at one of the demonstration centers across the state.

**Other Notes:**

TTAP offers:

- Justin in time AT quickviews on their YouTube Channel
- Virtual and live AT overviews, information, and assistance
- Virtual support for items checked out of the loan library
- Synchronous and asynchronous online learning
- Customized training via contract

**AT and Accommodations Assistance Option B**

**Name of Agency:** The Next Step, Inc.

**Location:** Huntsville and Houston, TX.

**Website and Other Contact Information:** <https://www.thenextsteptx.org/>

**Eligibility Criteria to Receive Assistance:** The assistive technology program offers financial assistance for individuals in the State of Texas who have trouble communicating due to a disability. To qualify for this program, you must be at least 5 years old and have one of the following disabilities:

- Blind

- Deaf
- Hard of Hearing
- Visually Impaired
- Speech Impaired
- Upper Mobility Impaired

This program aims to provide basic specialized assistive equipment or services to those who most need it.

**Description of Assistance Provided:** The Next Step, Inc. aims to eliminate obstacles that hinder communities from utilizing digital tools and technologies. They collaborate closely with community leaders, community centers, healthcare professionals, and educational institutions to promote awareness of programs and offer digital access to underserved communities, disabled individuals, and the elderly.

The organization partners with the State of Texas to help people who have disabilities that affect their ability to communicate. The Program offers financial assistance to buy special equipment or services that can make communication easier.

**Limits to Assistance Provided:** Individuals must be disabled or elderly, but other than that there are no restrictions. An individual must choose one of the available devices to receive assistance.

**Other Notes:** Since 1983, The Next Step, Inc. (TNSI) has offered various initiatives and skills development programs to assist socially and economically disadvantaged Texans. These programs develop skills essential for daily living, career transition, and workforce reentry. Participants must be 18+ and live in the United States.

## Budgeting and Financial Management

### My Agency

#### Assistance my agency provides

Sam Houston State offers a service called Student Money Management (SMM), which is a financial outreach and educational program that is administered by the Division of Enrollment Success. SMM offers personal, one-on-one coaching sessions about personal finances in order for students to be a successful Bearkat! SHSU has scholarship drawings at various workshops and offers presentations on a variety of topics upon request.

## Other Agencies

### Budgeting and Financial Management Assistance Option A

<b>Name of Agency:</b> Good Shepherd Mission
<b>Location:</b> Huntsville, TX
<b>Website and Other Contact Information:</b> <a href="https://www.goodshepherdmission.org">https://www.goodshepherdmission.org</a>
<b>Eligibility Criteria to Receive Assistance:</b> Assistance is available on a first come first served basis, however current lodgers have priority with requesting appointments. Anyone who desires assistance with budgeting and financial management is eligible to participate.
<b>Description of Assistance Provided:</b> Case managers provide assistance with monthly budgeting and financial planning so that lodgers may find the resources they need to establish independence. Assistance is also provided on Medicare, Medicaid, SSI, and SSDI.
<b>Limits to Assistance Provided:</b> Budgeting and financial assistance only occur one day a week so slots are limited. Individuals must sign up in advance to ensure they receive an appointment in a timely manner.
<b>Other Notes:</b> The individuals providing the service do not offer specialized recommendations for investments, bonds, 401K, etc. Counselors provide individuals with the information they need to make informed financial decisions.

### Budgeting and Financial Management Assistance Option B

<b>Name of Agency:</b> Thrivent - Money Canvas
<b>Location:</b> Conroe, TX
<b>Website and Other Contact Information:</b> <a href="https://www.thrivent.com/generosity/money-canvas?utm_source=sem&amp;utm_medium=google&amp;utm_campaign=Money_Canvas_Savings_NB_voro&amp;utm_adgroup=Savings&amp;utm_term=savings+budget+plan&amp;gclid=Cj0KCQjwzZm wBhD8ARIsAH4v1gVeqUcq9UakwqBqhSuStgoKGp8Hm7ujdsIjcnLeCW8Se5lotKe_3oYaA pKEEALw_wcB&amp;gclsrc=aw.ds">https://www.thrivent.com/generosity/money-canvas?utm_source=sem&amp;utm_medium=google&amp;utm_campaign=Money_Canvas_Savings_NB_voro&amp;utm_adgroup=Savings&amp;utm_term=savings+budget+plan&amp;gclid=Cj0KCQjwzZm wBhD8ARIsAH4v1gVeqUcq9UakwqBqhSuStgoKGp8Hm7ujdsIjcnLeCW8Se5lotKe_3oYaA pKEEALw_wcB&amp;gclsrc=aw.ds</a>
<b>Eligibility Criteria to Receive Assistance:</b> There is no special criteria to receive assistance, and the program is open to any one.

**Description of Assistance Provided:** Money Canvas offers a series of free one-on-one meetings with a financial coach to help people see where their money is going and build healthier financial habits.

The coaching program is 100% free — no hidden agenda or sales pitch. Thrivent's unique not-for-profit business model allows them to invest back in communities. They created Money Canvas with a simple goal of helping Americans get better at saving. Because people shouldn't have to spend money to get better at saving it.

**Limits to Assistance Provided:** Does not offer debt counseling, investing advice, or retirement planning. All appointments are done by Zoom and so an individual must have access to a computer.

**Other Notes:** Coaching sessions are available in English or Spanish. All coaches have been through a 5-week training course.

## Legal and Advocacy

### My Agency

#### Assistance my agency provides

Sam Houston State University, as a function of the Student Service Fee paid by students, provides legal counsel by a licensed attorney who is dedicated to advising currently enrolled SHSU students about their legal rights and responsibilities. This office also provides mediation services and conflict resolution training. All of these services are available to students who are currently enrolled at SHSU and have paid the Student Service Fee at the time they seek advice.

SLMS is an award-winning office, including the prestigious J. Raymond Schiflett III Award for Outstanding Office of the Year by the University Student Legal Services Association-Western Region.

### Other Agencies

#### Legal and Advocacy Assistance Option A

**Name of Agency:** Lone Star Legal Aid



<b>Location:</b> Houston, TX
<b>Website and Other Contact Information:</b> <a href="https://www.lonestarlegal.org">https://www.lonestarlegal.org</a>
<b>Eligibility Criteria to Receive Assistance:</b> All clients must meet financial and legal status eligibility requirements. The general income limits change annually and can be found by accessing the <a href="#">US Federal Poverty Guidelines</a> . Even if an individual earns more than 125% of the Federal Poverty Guidelines, they may still be able to help if you qualify under one of their special projects.
<b>Description of Assistance Provided:</b> Types of legal matters they handle: Civil Matters in Criminal Justice,, Community Advocacy, Consumer, Crime Victims, Disaster Relief, Employment, Environmental Justice, Eviction Defense, Fair Housing, Family Law, Financial Assistance & Public Benefits, Foreclosure Prevention, Justice for Older Adults, Legal Assistance to Survivors of Sexual Assault, Low-Income Taxpayer, Neighborhood Problems, Medical Legal, Military & Veterans, Public Education, Rise to Recovery, Self-Help
<b>Limits to Assistance Provided:</b> They try to help all applicants as much as possible. This list is not a promise or guarantee of full representation on any of these legal issues. They do not have the funding or staff to represent everyone who is eligible, and may turn down an application or limit assistance to advice or brief service.
<b>Other Notes:</b> They do not discriminate on the basis of race, color, religion, creed, gender, gender expression, sexual orientation, age, national origin, ancestry, disability, marital status, or military status, in any of their activities or operations.

### Legal and Advocacy Assistance Option B

<b>Name of Agency:</b> Houston Volunteer Lawyers
<b>Location:</b> Houston, TX
<b>Website and Other Contact Information:</b> <a href="https://www.makejusticehappen.org/practice-areas/">https://www.makejusticehappen.org/practice-areas/</a>
<b>Eligibility Criteria to Receive Assistance:</b> Eligibility is based on income and must meet federal poverty guidelines. Applicants must also reside in the greater Houston area.
<b>Description of Assistance Provided:</b> Houston Volunteer Lawyers assists those who cannot afford legal representation in civil legal matters by connecting those in need of legal assistance with volunteer lawyers. The following areas are covered: family law,

housing, federal taxes, guardianship, estate planning, probate, consumer law, veterans, criminal expunctions and non-disclosures.

**Limits to Assistance Provided:** Must meet eligibility requirements and a lawyer must volunteer to take the case Pro Bono.

**Other Notes:** Houston Volunteer Lawyers is the largest provider of pro bono legal services in Harris County and the surrounding areas. Thousands of private attorneys volunteer their time and expertise each year to provide free legal assistance on civil legal matters to eligible, low-income area residents. This pro bono model only works thanks to the dedication of the entire legal community in Harris County and the surrounding areas. HVL is especially thankful for the long-standing relationship with the Houston Bar Association that has resulted in millions of dollars of donated pro bono time from its members for 40+ years.

## Child Care

### My Agency

#### Assistance my agency provides

Sam Houston State University provides multiple Parent's Rooms across campus to meet the needs of parents with babies. Parent's Rooms provide a private place to nurse, pump, bottle feed, and change a diaper. However, the university does not offer any type of child care facilities for students.

### Other Agencies

#### Child Care Assistance Option A

**Name of Agency:** Boys and Girls Club

**Location:** Huntsville, TX

**Website and Other Contact Information:** <https://www.walkercountykids.org/who-we-are>

**Eligibility Criteria to Receive Assistance:** There are no restrictions on who can attend, although the spots are available on a first-come, first-served basis.

**Description of Assistance Provided:** During the school year, they offer after-school programs at their clubhouse at the corner of Martin Luther King Dr and Essex Blvd. The after-school programs serve up to 250 youth each day.

During the summer, they offer a full-day summer camp that provides 100 children fun and growth-oriented activities all summer long.

**Limits to Assistance Provided:** After school fees are \$40/month, and summer camp fees are \$245/month for 5 day a week activities. Scholarships are available for families who cannot afford the fees.

**Other Notes:** Boys & Girls Club of Walker County offers young people with what they need and want most:

- adults who respect and listen to them;
- a safe environment where they can have fun and prosper; and
- interesting, constructive activities that channel youthful energy into challenging pursuits.

All the programs incorporate the Youth Development Strategy developed and proven effective by Boys & Girls Club of America. This Strategy fosters a sense of belonging, competence, usefulness and influence among young people. The programs help young people develop self-confidence and self-esteem.

Helping youth become responsible, caring citizens and acquire skills for participating in the democratic process is the main thrust of these programs. They also develop leadership skills and provide opportunities for planning, decision-making, contributing to Club and community and celebrating our national heritage.

### Child Care Assistance Option B

**Name of Agency:** Huntsville Head Start

**Location:** Huntsville, TX

**Website and Other Contact Information:** <https://get-cap.org>

**Eligibility Criteria to Receive Assistance:** Children from birth to age five from families with low income, according to the Poverty Guidelines published by the Federal government, are eligible for Head Start and Early Head Start services. Children in foster care, homeless children, and children from families receiving public

assistance (Temporary Assistance for Needy Families or Supplemental Security Income) are also eligible for Head Start and Early Head Start services regardless of income.

Head Start programs may enroll children from families that have incomes above the Poverty Guidelines. Pregnant women may also be eligible for Early Head Start.

**Description of Assistance Provided:**

**Head Start**

Services provided are childcare, education, and support services for low-income households. The program is designed to serve and assist the total development of the child. Health, nutrition, education, and parent involvement services are stressed to enable the child to function at an optimum level in his or her environment.

**Early Head Start**

Services provided through a year-round program with early, continuous, intensive, comprehensive child development and family support services for low-income children birth to age 5 and expected families at select locations. The program provides a full day childcare program on Monday - Friday. Program offered in Nacogdoches and Houston Counties.

**Limits to Assistance Provided:** Must meet federal poverty guidelines. A space must be available to attend, if not then the family is placed on the waiting list.

**Other Notes:** Head Start is a Federal program that promotes the school readiness of children from birth to age five from low-income families by enhancing their cognitive, social, and emotional development. Head Start programs provide a learning environment that supports children's growth in many areas such as language, literacy, and social and emotional development. Head Start emphasizes the role of parents as their child's first and most important teacher. These programs help build relationships with families that support family well-being and many other important areas.

Many Head Start programs also provide Early Head Start, which serves infants, toddlers, and pregnant women and their families who have incomes below the Federal poverty level.